Приложение 4

Всероссийский физкультурно-спортивный комплекс "Готов к труду и обороне" (ГТО) Таблица оценки выполнения испытаний в рамках фестивалей

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **V СТУПЕНЬ (возрастная группа от 16 до 17 лет)** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Юноши | | | | | | | | | | | | | | | | | | Девушки | | | | | | | | | | | | | | | | |
|  | №1 | | | №2 | №3 | | | №4 | №5 | №6 | | №7 | №8 | №9 | | №10 | №11 | | №1 | | | №2 | №3 | | №4 | №5 | №6 | | №7 | №8 | №9 | | №10 | №11 | |
| Очки | Бег на 30 м (с) | Бег на 60 м (с) | Бег на 100 м (с) | Бег на 3000 м  (мин, с) | Подтягив ание из виса на высокой переклад ине (количест во раз) | Рывок гири 16 кг (количест  во раз) | Cгибание и  разгибан ие рук в упоре лежа на полу  (количест во раз) | Наклон вперед из положен ия стоя на гимнасти ческой скамье (от  уровня скамьи - см) | Челночны й бег  3х10 м (с) | Прыжок в длину с разбега (см) | Прыжок в длину с места толчком двумя ногами (см) | Поднима ние туловища из положен ия лежа на спине (количест во раз за 1 мин) | Метание спортивн ого снаряда весом  700 г (м) | Бег на лыжах на 5000 м  (мин, с) | Кросс на 5000 м по пересече нной местност и (мин, с) | Плавание 50 м  (мин, с) | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки): из пневмати | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки):  из | Бег на 30 м (с) | Бег на 60 м (с) | Бег на 100 м (с) | Бег на 2000 м  (мин, с) | Подтягив ание из виса лежа на низкой переклад ине 90 см (количест во раз) | Cгибание и  разгибан ие рук в упоре лежа на полу  (количест во раз) | Наклон вперед из положен ия стоя на гимнасти ческой скамье (от  уровня скамьи - см) | Челночны й бег  3х10 м (с) | Прыжок в длину с разбега (см) | Прыжок в длину с места толчком двумя ногами (см) | Поднима ние туловища из положен ия лежа на спине (количест во раз за 1 мин) | Метание спортивн ого снаряда весом  500 г (м) | Бег на лыжах на 3000 м  (мин, с) | Кросс на 3000 м по пересече нной местност и (мин, с) | Плавание 50 м  (мин, с) | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки): из пневмати | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки):  из |
| **100** | **3,9** | **6,7** | **10,7** | **08:30.00** | **50** | **127** | **140** | **30** | **5,5** | **600** | **340** | **90** | **72** | **12:00.00** | **16:30.00** | **00:24.00** | **50** | **50** | **4,2** | **7,6** | **11,5** | **06:10.00** | **115** | **105** | **35** | **5,8** | **510** | **270** | **85** | **57** | **08:00.00** | **10:10.00** | **00:27.00** | **50** | **50** |
| 99 |  |  |  | 08:33.00 |  | 126 | 139 |  |  | 599 | 339 |  | 71,7 | 12:10.00 | 16:35.00 | 00:24.10 |  |  |  |  |  | 06:12.00 | 114 | 104 |  |  | 509 | 269 |  | 56,7 | 08:07.00 | 10:15.00 | 00:27.10 |  |  |
| 98 |  |  |  | 08:36.00 |  | 125 | 138 |  |  | 598 | 338 |  | 71,4 | 12:20.00 | 16:40.00 | 00:24.20 |  |  |  |  |  | 06:14.00 | 113 | 103 |  |  | 507 | 268 |  | 56,4 | 08:15.00 | 10:20.00 | 00:27.20 |  |  |
| 97 |  |  |  | 08:39.00 | 49 | 124 | 137 |  |  | 596 | 337 | 89 | 71 | 12:31.00 | 16:45.00 | 00:24.30 | 49 |  |  |  | 11,6 | 06:17.00 | 112 | 102 |  |  | 505 | 267 | 84 | 56 | 08:23.00 | 10:25.00 | 00:27.40 | 49 |  |
| 96 |  |  | 10,8 | 08:42.00 |  | 123 | 136 |  |  | 594 | 336 |  | 70,7 | 12:42.00 | 16:50.00 | 00:24.40 |  | 49 |  |  |  | 06:20.00 | 111 | 101 |  |  | 503 | 266 |  | 55,7 | 08:32.00 | 10:30.00 | 00:27.70 |  | 49 |
| 95 |  | 6,8 |  | 08:46.00 |  | 122 | 135 | 29 | 5,6 | 592 | 335 |  | 70,4 | 12:54.00 | 16:55.00 | 00:24.60 |  |  |  | 7,7 | 11,7 | 06:24.00 | 110 | 100 | 34 | 5,9 | 501 | 265 | 83 | 55,4 | 08:41.00 | 10:35.00 | 00:28.00 |  |  |
| 94 |  |  |  | 08:50.00 | 48 | 121 | 134 |  |  | 590 | 334 | 88 | 70 | 13:06.00 | 17:01.00 | 00:24.80 | 48 |  |  |  |  | 06:28.00 | 109 | 99 |  |  | 499 | 264 |  | 55 | 08:50.00 | 10:41.00 | 00:28.40 | 48 |  |
| 93 |  |  |  | 08:55.00 |  | 120 | 133 |  |  | 587 | 333 |  | 69,7 | 13:19.00 | 17:07.00 | 00:25.00 |  | 48 |  |  | 11,8 | 06:32.00 | 108 | 98 |  |  | 496 | 263 | 82 | 54,7 | 08:59.00 | 10:47.00 | 00:28.80 |  | 48 |
| 92 |  |  | 10,9 | 09:00.00 |  | 119 | 132 |  |  | 584 | 332 | 87 | 69,4 | 13:33.00 | 17:14.00 | 00:25.30 | 47 |  | 4,3 |  | 11,9 | 06:36.00 | 107 | 97 |  |  | 493 | 262 |  | 54,4 | 09:08.00 | 10:54.00 | 00:29.20 | 47 |  |
| 91 |  |  |  | 09:05.00 | 47 | 118 | 131 |  |  | 581 | 331 |  | 69 | 13:47.00 | 17:22.00 | 00:25.60 |  |  |  |  | 12,0 | 06:40.00 | 106 | 96 |  |  | 490 | 261 | 81 | 54 | 09:18.00 | 11:02.00 | 00:29.60 |  |  |
| 90 |  | 6,9 |  | 09:10.00 |  | 116 | 130 | 28 | 5,7 | 578 | 330 | 86 | 68,5 | 14:01.00 | 17:31.00 | 00:26.00 | 46 | 47 |  | 7,8 | 12,1 | 06:45.00 | 105 | 95 | 33 | 6,0 | 487 | 260 | 80 | 53,5 | 09:28.00 | 11:10.00 | 00:30.00 | 46 | 47 |
| 89 |  |  | 11,0 | 09:15.00 | 46 | 114 | 129 |  |  | 575 | 328 | 85 | 68 | 14:15.00 | 17:40.00 | 00:26.40 |  |  |  |  | 12,2 | 06:50.00 | 103 | 94 |  |  | 484 | 259 | 79 | 53 | 09:38.00 | 11:18.00 | 00:30.50 |  |  |
| 88 | 4,0 |  |  | 09:20.00 |  | 112 | 128 |  |  | 572 | 326 | 84 | 67,5 | 14:30.00 | 17:50.00 | 00:26.80 | 45 |  |  |  | 12,3 | 06:55.00 | 101 | 93 |  |  | 481 | 258 | 78 | 52,5 | 09:49.00 | 11:26.00 | 00:31.00 | 45 |  |
| 87 |  |  |  | 09:25.00 | 45 | 110 | 127 |  |  | 569 | 324 | 83 | 67 | 14:45.00 | 18:00.00 | 00:27.20 |  | 46 |  |  | 12,4 | 07:00.00 | 99 | 92 |  |  | 478 | 257 | 77 | 52 | 10:00.00 | 11:34.00 | 00:31.50 |  | 46 |
| 86 |  | 7,0 | 11,1 | 09:30.00 |  | 108 | 126 | 27 | 5,8 | 565 | 322 | 82 | 66 | 15:00.00 | 18:10.00 | 00:27.60 | 44 |  |  | 7,9 | 12,5 | 07:05.00 | 97 | 90 | 32 | 6,1 | 474 | 256 | 76 | 51 | 10:12.00 | 11:42.00 | 00:32.00 | 44 |  |
| 85 |  |  |  | 09:35.00 | 44 | 106 | 125 |  |  | 561 | 320 | 81 | 65 | 15:16.00 | 18:20.00 | 00:28.00 |  | 45 | 4,4 |  | 12,6 | 07:10.00 | 95 | 88 |  |  | 470 | 254 | 75 | 50 | 10:24.00 | 11:51.00 | 00:32.50 |  | 45 |
| 84 |  |  |  | 09:40.00 | 43 | 104 | 123 |  |  | 557 | 318 | 80 | 64 | 15:32.00 | 18:30.00 | 00:28.50 | 43 |  |  |  | 12,7 | 07:15.00 | 93 | 86 |  |  | 466 | 252 | 74 | 49 | 10:36.00 | 12:00.00 | 00:33.00 | 43 |  |
| 83 |  |  | 11,2 | 09:46.00 | 42 | 102 | 121 |  |  | 553 | 316 | 79 | 63 | 15:49.00 | 18:40.00 | 00:29.00 |  | 44 |  |  | 12,8 | 07:20.00 | 91 | 84 |  |  | 462 | 250 | 73 | 48 | 10:48.00 | 12:10.00 | 00:33.50 |  | 44 |
| 82 |  | 7,1 |  | 09:52.00 | 41 | 100 | 119 | 26 | 5,9 | 549 | 314 | 78 | 62 | 16:06.00 | 18:50.00 | 00:29.50 | 42 |  |  | 8,0 | 12,9 | 07:25.00 | 89 | 82 | 31 | 6,2 | 458 | 248 | 72 | 47 | 11:00.00 | 12:20.00 | 00:34.00 | 42 |  |
| 81 |  |  |  | 09:58.00 | 40 | 98 | 117 |  |  | 545 | 312 | 77 | 61 | 16:24.00 | 19:00.00 | 00:30.00 |  | 43 |  |  | 13,0 | 07:30.00 | 87 | 80 |  |  | 454 | 246 | 71 | 46 | 11:13.00 | 12:30.00 | 00:35.00 |  | 43 |
| 80 |  |  | 11,3 | 10:04.00 | 39 | 96 | 115 |  |  | 541 | 310 | 76 | 60 | 16:42.00 | 19:11.00 | 00:30.50 | 41 |  |  |  | 13,1 | 07:36.00 | 85 | 78 |  |  | 450 | 244 | 70 | 45 | 11:26.00 | 12:40.00 | 00:36.00 | 41 |  |
| 79 |  | 7,2 |  | 10:10.00 | 38 | 94 | 113 | 25 | 6,0 | 537 | 307 | 75 | 59 | 17:00.00 | 19:22.00 | 00:31.00 |  | 42 | 4,5 | 8,1 | 13,2 | 07:42.00 | 83 | 76 | 30 | 6,3 | 446 | 242 | 69 | 44 | 11:40.00 | 12:50.00 | 00:37.00 |  | 42 |
| 78 | 4,1 |  | 11,4 | 10:16.00 | 37 | 92 | 111 |  |  | 533 | 304 | 74 | 58 | 17:19.00 | 19:33.00 | 00:31.50 | 40 |  |  |  | 13,3 | 07:48.00 | 81 | 73 |  |  | 442 | 240 | 68 | 43 | 11:55.00 | 13:00.00 | 00:38.00 | 40 |  |
| 77 |  |  |  | 10:22.00 | 36 | 90 | 109 |  |  | 529 | 301 | 73 | 57 | 17:38.00 | 19:44.00 | 00:32.00 |  | 41 |  |  | 13,4 | 07:54.00 | 79 | 70 |  |  | 438 | 238 | 67 | 42 | 12:10.00 | 13:10.00 | 00:39.00 |  | 41 |
| 76 |  | 7,3 | 11,5 | 10:29.00 | 35 | 87 | 107 | 24 | 6,1 | 525 | 298 | 72 | 56 | 17:58.00 | 19:55.00 | 00:32.50 | 39 |  |  | 8,2 | 13,5 | 08:00.00 | 76 | 67 | 29 | 6,4 | 434 | 236 | 66 | 41 | 12:25.00 | 13:20.00 | 00:40.00 | 39 |  |
| 75 |  |  |  | 10:36.00 | 34 | 84 | 105 |  |  | 521 | 295 | 71 | 55 | 18:18.00 | 20:06.00 | 00:33.00 |  | 40 |  |  | 13,6 | 08:06.00 | 73 | 64 |  |  | 430 | 234 | 65 | 40 | 12:40.00 | 13:31.00 | 00:41.00 |  | 40 |
| 74 |  |  | 11,6 | 10:43.00 | 33 | 81 | 102 |  | 6,2 | 517 | 292 | 70 | 54 | 18:39.00 | 20:18.00 | 00:34.00 | 38 |  | 4,6 |  | 13,7 | 08:12.00 | 70 | 61 |  |  | 425 | 232 | 64 | 39 | 12:55.00 | 13:42.00 | 00:42.00 | 38 |  |
| 73 |  | 7,4 | 11,7 | 10:50.00 | 32 | 78 | 99 | 23 |  | 512 | 288 | 69 | 53 | 19:00.00 | 20:30.00 | 00:35.00 |  | 39 |  | 8,3 | 13,8 | 08:18.00 | 67 | 58 | 28 | 6,5 | 420 | 230 | 63 | 38 | 13:10.00 | 13:53.00 | 00:43.00 |  | 39 |
| 72 |  |  | 11,8 | 10:57.00 | 31 | 75 | 96 |  | 6,3 | 507 | 284 | 68 | 52 | 19:22.00 | 20:42.00 | 00:36.00 | 37 |  |  |  | 13,9 | 08:24.00 | 64 | 55 |  |  | 415 | 227 | 62 | 37 | 13:26.00 | 14:04.00 | 00:44.00 | 37 |  |
| 71 |  |  | 11,9 | 11:04.00 | 30 | 72 | 92 |  |  | 502 | 280 | 67 | 51 | 19:44.00 | 20:55.00 | 00:37.00 | 36 | 38 |  |  | 14,0 | 08:30.00 | 61 | 52 |  | 6,6 | 410 | 224 | 61 | 36 | 13:42.00 | 14:15.00 | 00:45.00 | 36 | 38 |
| 70 | 4,2 | 7,5 | 12,0 | 11:11.00 | 29 | 69 | 88 | 22 | 6,4 | 497 | 276 | 66 | 50 | 20:06.00 | 21:08.00 | 00:38.00 | 35 |  |  | 8,4 | 14,1 | 08:37.00 | 58 | 49 | 27 |  | 405 | 221 | 60 | 35 | 13:58.00 | 14:26.00 | 00:46.00 | 35 |  |
| 69 |  |  | 12,1 | 11:19.00 | 28 | 66 | 84 |  |  | 492 | 272 | 65 | 49 | 20:28.00 | 21:21.00 | 00:39.00 | 34 | 37 | 4,7 |  | 14,2 | 08:44.00 | 55 | 46 |  | 6,7 | 400 | 218 | 59 | 34 | 14:14.00 | 14:37.00 | 00:47.00 | 34 | 37 |
| 68 |  | 7,6 | 12,2 | 11:27.00 | 27 | 63 | 80 | 21 | 6,5 | 487 | 268 | 64 | 48 | 20:50.00 | 21:34.00 | 00:40.00 | 33 |  |  | 8,5 | 14,4 | 08:51.00 | 51 | 43 | 26 | 6,8 | 395 | 215 | 58 | 33 | 14:30.00 | 14:48.00 | 00:48.00 | 33 |  |
| 67 |  |  | 12,3 | 11:35.00 | 26 | 60 | 76 |  |  | 482 | 264 | 63 | 47 | 21:12.00 | 21:48.00 | 00:41.00 | 32 | 36 |  |  | 14,6 | 08:58.00 | 47 | 40 |  | 6,9 | 389 | 212 | 57 | 32 | 14:47.00 | 15:00.00 | 00:49.00 | 32 | 36 |
| 66 |  | 7,7 | 12,4 | 11:43.00 | 25 | 57 | 72 | 20 | 6,6 | 477 | 260 | 62 | 46 | 21:34.00 | 22:02.00 | 00:42.00 | 31 |  |  | 8,6 | 14,8 | 09:05.00 | 43 | 37 | 25 | 7,0 | 383 | 209 | 56 | 31 | 15:04.00 | 15:12.00 | 00:50.00 | 31 |  |
| 65 |  |  | 12,5 | 11:52.00 | 24 | 53 | 67 | 19 |  | 472 | 255 | 60 | 45 | 21:56.00 | 22:16.00 | 00:43.00 | 30 | 35 | 4,8 | 8,7 | 15,0 | 09:12.00 | 39 | 34 | 24 | 7,1 | 377 | 205 | 54 | 30 | 15:22.00 | 15:25.00 | 00:52.00 | 30 | 35 |
| 64 | 4,3 | 7,8 | 12,6 | 12:01.00 | 22 | 49 | 62 | 18 | 6,7 | 466 | 250 | 58 | 43 | 22:20.00 | 22:30.00 | 00:44.00 | 29 | 35 |  | 8,8 | 15,2 | 09:19.00 | 35 | 31 | 23 | 7,2 | 371 | 201 | 52 | 28 | 15:41.00 | 15:38.00 | 00:54.00 | 29 | 35 |
| 63 |  |  | 12,8 | 12:10.00 | 20 | 45 | 57 | 17 |  | 460 | 245 | 56 | 41 | 22:45.00 | 22:45.00 | 00:45.00 | 28 | 33 |  | 8,9 | 15,4 | 09:26.00 | 31 | 28 | 22 | 7,3 | 365 | 197 | 50 | 26 | 16:00.00 | 15:51.00 | 00:56.00 | 28 | 33 |
| 62 |  | 7,9 | 13,0 | 12:20.00 | 18 | 41 | 52 | 16 | 6,8 | 454 | 240 | 54 | 39 | 23:10.00 | 23:00.00 | 00:46.00 | 27 | 32 | 4,9 | 9,0 | 15,6 | 09:34.00 | 27 | 24 | 20 | 7,5 | 359 | 193 | 48 | 24 | 16:20.00 | 16:04.00 | 00:58.00 | 27 | 32 |
| 61 |  |  | 13,2 | 12:30.00 | 16 | 37 | 47 | 15 |  | 447 | 235 | 52 | 37 | 23:35.00 | 23:15.00 | 00:48.00 | 26 | 31 |  | 9,1 | 15,8 | 09:42.00 | 23 | 20 | 18 | 7,7 | 352 | 189 | 46 | 22 | 16:40.00 | 16:17.00 | 01:00.00 | 26 | 31 |
| **60** | **4,4** | **8,0** | **13,4** | **12:40.00** | **14** | **33** | **42** | **13** | **6,9** | **440** | **230** | **50** | **35** | **24:00.00** | **23:30.00** | **00:50.00** | **25** | **30** | **5,0** | **9,3** | **16,0** | **09:50.00** | **19** | **16** | **16** | **7,9** | **345** | **185** | **44** | **20** | **17:00.00** | **16:30.00** | **01:02.00** | **25** | **30** |
| 59 |  |  |  | 12:45.00 |  |  |  |  |  | 439 |  |  | 34,8 | 24:05.00 | 23:35.00 | 00:50.50 |  |  |  |  |  | 09:53.00 |  |  |  |  | 344 |  |  | 19,9 | 17:05.00 | 16:33.00 | 01:02.50 |  |  |
| 58 |  |  |  | 12:50.00 |  | 32 | 41 |  |  | 437 | 229 |  | 34,6 | 24:10.00 | 23:40.00 | 00:51.00 |  |  |  |  | 16,1 | 09:56.00 |  |  |  |  | 343 | 184 |  | 19,8 | 17:10.00 | 16:36.00 | 01:03.00 |  |  |
| 57 |  |  | 13,5 | 12:55.00 |  |  |  |  |  | 435 | 228 | 49 | 34,3 | 24:15.00 | 23:45.00 | 00:51.50 |  |  |  | 9,4 |  | 09:59.00 |  |  |  | 8,0 | 342 |  | 43 | 19,6 | 17:15.00 | 16:39.00 | 01:03.50 |  |  |
| 56 |  |  |  | 13:00.00 |  | 31 | 40 |  | 7,0 | 433 | 227 |  | 34 | 24:20.00 | 23:50.00 | 00:52.00 |  |  |  |  | 16,2 | 10:02.00 | 18 |  | 15 |  | 341 | 183 |  | 19,4 | 17:20.00 | 16:42.00 | 01:04.00 |  |  |
| 55 |  | 8,1 |  | 13:05.00 |  |  |  | 12 |  | 431 | 226 | 48 | 33,8 | 24:26.00 | 23:55.00 | 00:52.50 | 24 | 29 | 5,1 |  |  | 10:05.00 |  | 15 |  |  | 340 |  |  | 19,2 | 17:25.00 | 16:45.00 | 01:04.50 | 24 | 29 |
| 54 |  |  | 13,6 | 13:10.00 |  | 30 | 39 |  |  | 429 | 225 |  | 33,6 | 24:32.00 | 24:00.00 | 00:53.00 |  |  |  | 9,5 | 16,3 | 10:09.00 |  |  |  | 8,1 | 338 | 182 | 42 | 19 | 17:30.00 | 16:49.00 | 01:05.00 |  |  |
| 53 | 4,5 |  |  | 13:15.00 | 13 |  |  |  | 7,1 | 427 | 224 | 47 | 33,3 | 24:38.00 | 24:05.00 | 00:53.50 |  |  |  |  |  | 10:13.00 |  |  | 14 |  | 336 |  |  | 18,8 | 17:35.00 | 16:53.00 | 01:05.50 |  |  |
| 52 |  |  | 13,7 | 13:20.00 |  | 29 | 38 |  |  | 425 | 223 |  | 33 | 24:44.00 | 24:11.00 | 00:54.00 |  |  |  |  | 16,4 | 10:17.00 | 17 |  |  |  | 334 | 181 |  | 18,6 | 17:41.00 | 16:57.00 | 01:06.00 |  |  |
| 51 |  |  |  | 13:25.00 |  |  |  |  |  | 423 | 222 | 46 | 32,8 | 24:50.00 | 24:17.00 | 00:54.50 |  |  |  | 9,6 |  | 10:21.00 |  |  |  | 8,2 | 332 |  | 41 | 18,4 | 17:47.00 | 17:01.00 | 01:06.50 |  |  |
| 50 |  | 8,2 | 13,8 | 13:30.00 |  | 28 | 37 | 11 | 7,2 | 421 | 221 |  | 32,6 | 24:57.00 | 24:23.00 | 00:55.00 | 23 | 28 | 5,2 |  | 16,5 | 10:25.00 |  | 14 | 13 |  | 330 | 180 |  | 18,2 | 17:53.00 | 17:05.00 | 01:07.00 | 23 | 28 |
| 49 |  |  |  | 13:35.00 |  | 27 |  |  |  | 418 | 220 | 45 | 32,3 | 25:04.00 | 24:29.00 | 00:55.50 |  |  |  |  |  | 10:30.00 |  |  |  |  | 328 | 179 |  | 18 | 17:59.00 | 17:10.00 | 01:07.50 |  |  |
| 48 |  |  | 13,9 | 13:40.00 |  | 26 | 36 |  |  | 415 | 219 |  | 32 | 25:11.00 | 24:35.00 | 00:56.00 |  |  |  | 9,7 | 16,6 | 10:35.00 | 16 |  |  | 8,3 | 326 | 178 | 40 | 17,8 | 18:05.00 | 17:15.00 | 01:08.00 |  |  |
| 47 |  |  |  | 13:46.00 |  | 25 |  |  | 7,3 | 412 | 218 | 44 | 31,7 | 25:18.00 | 24:41.00 | 00:56.50 |  |  |  |  |  | 10:40.00 |  |  | 12 |  | 324 | 177 |  | 17,6 | 18:11.00 | 17:20.00 | 01:09.00 |  |  |
| 46 | 4,6 | 8,3 | 14,0 | 13:52.00 | 12 | 24 | 35 | 10 |  | 409 | 217 |  | 31,4 | 25:25.00 | 24:48.00 | 00:57.00 | 22 | 27 | 5,3 | 9,8 | 16,7 | 10:45.00 |  | 13 |  | 8,4 | 321 | 176 | 39 | 17,4 | 18:18.00 | 17:25.00 | 01:10.00 | 22 | 27 |
| 45 |  |  |  | 13:58.00 |  | 23 |  |  |  | 405 | 216 | 43 | 31 | 25:32.00 | 24:55.00 | 00:58.00 |  |  |  |  |  | 10:50.00 | 15 |  |  |  | 318 | 175 |  | 17,2 | 18:25.00 | 17:30.00 | 01:11.00 |  |  |
| 44 |  |  | 14,1 | 14:04.00 |  | 22 | 34 |  | 7,4 | 401 | 215 |  | 30,7 | 25:39.00 | 25:02.00 | 00:59.00 |  |  |  | 9,9 | 16,8 | 10:56.00 |  |  | 11 | 8,5 | 315 | 174 | 38 | 17 | 18:32.00 | 17:36.00 | 01:12.00 |  |  |
| 43 |  | 8,4 |  | 14:10.00 |  | 21 |  | 9 |  | 397 | 214 | 42 | 30,4 | 25:46.00 | 25:09.00 | 01:00.00 | 21 | 26 | 5,4 |  | 16,9 | 11:02.00 |  | 12 |  |  | 312 | 173 |  | 16,8 | 18:39.00 | 17:42.00 | 01:13.00 | 21 | 26 |
| 42 |  |  | 14,2 | 14:16.00 |  | 20 | 33 |  | 7,5 | 393 | 213 |  | 30 | 25:54.00 | 25:16.00 | 01:01.00 |  |  |  | 10,0 | 17,0 | 11:08.00 | 14 |  | 10 | 8,6 | 308 | 172 | 37 | 16,6 | 18:46.00 | 17:48.00 | 01:14.00 |  |  |
| 41 |  |  |  | 14:23.00 |  | 19 | 32 |  |  | 389 | 212 | 41 | 29,5 | 26:02.00 | 25:23.00 | 01:03.00 |  |  |  |  | 17,1 | 11:14.00 |  |  |  |  | 304 | 171 |  | 16,3 | 18:53.00 | 17:54.00 | 01:16.00 |  |  |
| **40** | **4,7** | **8,5** | **14,3** | **14:30.00** | **11** | **18** | **31** | **8** | **7,6** | **385** | **210** | **40** | **29** | **26:10.00** | **25:30.00** | **01:05.00** | **20** | **25** | **5,5** | **10,1** | **17,2** | **11:20.00** | **13** | **11** | **9** | **8,7** | **300** | **170** | **36** | **16** | **19:00.00** | **18:00.00** | **01:18.00** | **20** | **25** |
| 39 |  |  |  | 14:31.00 |  |  |  |  |  |  |  |  | 28,9 | 26:13.00 | 25:33.00 | 01:05.50 |  |  |  |  |  | 11:22.00 |  |  |  |  |  |  |  | 15,9 | 19:03.00 | 18:03.00 | 01:18.50 |  |  |
| 38 |  |  |  | 14:32.00 |  |  |  |  |  | 384 | 209 |  | 28,8 | 26:16.00 | 25:36.00 | 01:06.00 |  |  |  |  |  | 11:24.00 |  |  |  |  | 299 | 169 |  | 15,8 | 19:06.00 | 18:06.00 | 01:19.00 |  |  |
| 37 |  |  |  | 14:34.00 |  |  |  |  |  |  | 208 |  | 28,7 | 26:20.00 | 25:39.00 | 01:06.50 |  | 24 |  |  |  | 11:26.00 |  |  |  |  | 298 |  |  | 15,6 | 19:09.00 | 18:09.00 | 01:19.50 |  | 24 |
| 36 |  |  |  | 14:36.00 |  |  | 30 |  |  | 383 | 207 | 39 | 28,6 | 26:24.00 | 25:42.00 | 01:07.00 | 19 |  |  | 10,2 | 17,3 | 11:28.00 |  |  |  |  | 297 | 168 |  | 15,4 | 19:12.00 | 18:12.00 | 01:20.00 | 19 |  |
| 35 |  |  |  | 14:38.00 |  |  |  |  |  |  | 206 |  | 28,5 | 26:28.00 | 25:45.00 | 01:07.50 |  | 23 |  |  |  | 11:30.00 |  |  |  |  | 296 |  |  | 15,2 | 19:15.00 | 18:15.00 | 01:20.50 |  | 23 |
| 34 |  | 8,6 | 14,4 | 14:40.00 |  | 17 |  |  | 7,7 | 382 | 205 |  | 28,4 | 26:32.00 | 25:48.00 | 01:08.00 |  |  |  |  |  | 11:32.00 |  |  |  |  | 295 | 167 | 35 | 15 | 19:18.00 | 18:18.00 | 01:21.00 |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 33 |  |  |  | 14:42.00 |  |  |  |  |  |  | 204 |  | 28,2 | 26:36.00 | 25:52.00 | 01:08.50 | 18 | 22 |  |  |  | 11:34.00 |  |  |  |  | 294 |  |  | 14,8 | 19:22.00 | 18:22.00 | 01:21.50 | 18 | 22 |
| 32 | 4,8 |  |  | 14:44.00 | 10 |  | 29 | 7 |  | 381 | 203 | 38 | 28 | 26:40.00 | 25:56.00 | 01:09.00 |  |  | 5,6 | 10,3 | 17,4 | 11:37.00 | 12 | 10 | 8 | 8,8 | 293 | 166 |  | 14,6 | 19:26.00 | 18:26.00 | 01:22.00 |  |  |
| 31 |  |  |  | 14:46.00 |  |  |  |  |  |  | 202 |  | 27,9 | 26:45.00 | 26:00.00 | 01:09.50 |  | 21 |  |  |  | 11:40.00 |  |  |  |  | 292 |  |  | 14,4 | 19:30.00 | 18:30.00 | 01:22.50 |  | 21 |
| 30 |  |  |  | 14:48.00 |  |  |  |  |  | 380 | 201 |  | 27,8 | 26:51.00 | 26:05.00 | 01:10.00 | 17 |  |  |  |  | 11:43.00 |  |  |  |  | 291 | 165 |  | 14,2 | 19:35.00 | 18:35.00 | 01:23.00 | 17 |  |
| 29 |  | 8,7 | 14,5 | 14:50.00 |  | 16 |  |  | 7,8 | 379 | 200 |  | 27,7 | 26:58.00 | 26:10.00 | 01:11.00 |  | 20 |  |  |  | 11:46.00 |  |  |  |  | 290 | 164 | 34 | 14 | 19:40.00 | 18:40.00 | 01:24.00 |  | 20 |
| 28 |  |  |  | 14:52.00 |  |  | 28 |  |  | 378 | 199 | 37 | 27,6 | 27:06.00 | 26:15.00 | 01:12.00 |  |  |  | 10,4 | 17,5 | 11:49.00 |  |  |  |  | 289 | 163 |  | 13,8 | 19:45.00 | 18:45.00 | 01:25.00 |  |  |
| 27 |  |  |  | 14:54.00 |  |  |  |  |  | 377 | 198 |  | 27,4 | 27:14.00 | 26:20.00 | 01:13.00 | 16 | 19 |  |  |  | 11:52.00 |  |  |  |  | 288 | 162 |  | 13,6 | 19:50.00 | 18:50.00 | 01:26.00 | 16 | 19 |
| 26 |  |  |  | 14:57.00 |  |  |  |  |  | 376 | 197 |  | 27,2 | 27:22.00 | 26:25.00 | 01:14.00 |  |  |  |  |  | 11:56.00 |  |  |  |  | 287 | 161 |  | 13,3 | 19:55.00 | 18:55.00 | 01:27.00 |  |  |
| **25** | **4,9** | **8,8** | **14,6** | **15:00.00** | **9** | **15** | **27** | **6** | **7,9** | **375** | **195** | **36** | **27** | **27:30.00** | **26:30.00** | **01:15.00** | **15** | **18** | **5,7** | **10,5** | **17,6** | **12:00.00** | **11** | **9** | **7** | **8,9** | **285** | **160** | **33** | **13** | **20:00.00** | **19:00.00** | **01:28.00** | **15** | **18** |
| 24 |  |  |  | 15:02.00 |  |  |  |  |  | 374 |  |  | 26,9 | 27:32.00 | 26:32.00 | 01:16.00 |  |  |  |  |  | 12:02.00 |  |  |  |  | 284 |  |  | 12,9 | 20:02.00 | 19:02.00 | 01:29.00 |  |  |
| 23 | 5,0 | 8,9 | 14,7 | 15:04.00 |  |  |  |  | 8,0 | 373 | 194 | 35 | 26,8 | 27:34.00 | 26:34.00 | 01:17.00 |  |  | 5,8 | 10,6 | 17,7 | 12:04.00 |  |  |  | 9,0 | 283 | 159 | 32 | 12,8 | 20:04.00 | 19:04.00 | 01:30.00 |  |  |
| 22 |  |  |  | 15:06.00 |  |  |  |  |  | 372 |  |  | 26,6 | 27:36.00 | 26:36.00 | 01:18.00 |  |  |  |  |  | 12:06.00 |  |  |  |  | 282 |  |  | 12,7 | 20:06.00 | 19:06.00 | 01:31.00 |  |  |
| 21 | 5,1 | 9,0 | 14,8 | 15:08.00 | 8 |  |  |  | 8,1 | 371 | 193 | 34 | 26,4 | 27:38.00 | 26:38.00 | 01:19.00 |  |  | 5,9 | 10,7 | 17,8 | 12:08.00 |  |  | 6 | 9,1 | 281 | 158 | 31 | 12,6 | 20:08.00 | 19:08.00 | 01:32.00 |  |  |
| 20 |  |  |  | 15:10.00 |  | 12 | 24 |  |  | 370 |  |  | 26,2 | 27:40.00 | 26:40.00 | 01:20.00 | 14 | 17 |  |  |  | 12:10.00 | 11 | 9 |  |  | 280 |  |  | 12,4 | 20:10.00 | 19:10.00 | 01:33.00 | 14 | 17 |
| 19 | 5,2 | 9,1 | 14,9 | 15:12.00 |  |  |  | 4 | 8,2 | 369 | 192 | 33 | 26 | 27:43.00 | 26:43.00 | 01:21.00 |  |  | 6,0 | 10,8 | 17,9 | 12:12.00 |  |  |  | 9,2 | 279 | 157 | 30 | 12,2 | 20:13.00 | 19:13.00 | 01:34.00 |  |  |
| 18 |  |  |  | 15:14.00 |  |  |  |  |  | 368 |  |  | 25,9 | 27:46.00 | 26:46.00 | 01:22.00 |  |  |  |  |  | 12:14.00 |  |  |  |  | 278 |  |  | 12 | 20:16.00 | 19:16.00 | 01:35.00 |  |  |
| 17 | 5,3 | 9,2 | 15,0 | 15:16.00 | 7 |  |  |  | 8,3 | 367 | 191 | 32 | 25,8 | 27:49.00 | 26:49.00 | 01:23.00 |  |  | 6,1 | 10,9 | 18,0 | 12:16.00 |  |  | 5 | 9,3 | 277 | 156 | 29 | 11,9 | 20:19.00 | 19:19.00 | 01:36.00 |  |  |
| 16 |  |  |  | 15:18.00 |  | 11 | 23 |  |  | 366 | 190 |  | 25,6 | 27:52.00 | 26:52.00 | 01:24.00 | 13 | 16 |  |  |  | 12:18.00 | 10 | 8 |  |  | 276 | 155 |  | 11,8 | 20:22.00 | 19:22.00 | 01:37.00 | 13 | 16 |
| 15 | 5,4 | 9,3 | 15,1 | 15:20.00 |  |  |  | 3 | 8,4 | 365 | 189 | 31 | 25,4 | 27:56.00 | 26:56.00 | 01:25.00 |  |  | 6,2 | 11,0 | 18,1 | 12:20.00 |  |  |  | 9,4 | 275 | 154 | 28 | 11,7 | 20:25.00 | 19:25.00 | 01:38.00 |  |  |
| 14 | 5,5 | 9,4 | 15,2 | 15:23.00 |  |  |  |  | 8,5 | 364 | 188 |  | 25,2 | 28:00.00 | 27:00.00 | 01:26.00 |  |  | 6,3 | 11,1 | 18,2 | 12:23.00 |  |  |  | 9,5 | 274 | 153 |  | 11,6 | 20:28.00 | 19:28.00 | 01:39.00 |  |  |
| 13 | 5,6 | 9,5 | 15,3 | 15:26.00 | 6 |  |  |  | 8,6 | 363 | 187 | 30 | 25 | 28:04.00 | 27:04.00 | 01:27.00 |  |  | 6,4 | 11,2 | 18,3 | 12:26.00 |  |  | 4 | 9,6 | 273 | 152 | 27 | 11,4 | 20:31.00 | 19:31.00 | 01:40.00 |  |  |
| 12 | 5,7 | 9,6 | 15,4 | 15:29.00 |  | 10 | 22 |  | 8,7 | 362 | 186 |  | 24,8 | 28:08.00 | 27:08.00 | 01:28.00 | 12 | 15 | 6,5 | 11,3 | 18,4 | 12:29.00 | 9 | 7 |  | 9,7 | 272 | 151 |  | 11,2 | 20:34.00 | 19:34.00 | 01:41.00 | 12 | 15 |
| 11 | 5,8 | 9,7 | 15,5 | 15:32.00 |  |  |  | 2 | 8,8 | 361 | 185 | 29 | 24,6 | 28:12.00 | 27:12.00 | 01:29.00 |  |  | 6,6 | 11,4 | 18,5 | 12:32.00 |  |  |  | 9,8 | 271 | 150 | 26 | 11 | 20:37.00 | 19:37.00 | 01:42.00 |  |  |
| 10 | 5,9 | 9,8 | 15,6 | 15:35.00 | 5 |  |  |  | 8,9 | 360 | 184 | 28 | 24,3 | 28:16.00 | 27:16.00 | 01:30.00 |  |  | 6,7 | 11,5 | 18,6 | 12:35.00 |  |  |  | 9,9 | 270 | 149 | 25 | 10,8 | 20:40.00 | 19:40.00 | 01:43.00 |  |  |
| 9 | 6,0 | 9,9 | 15,7 | 15:38.00 |  |  |  |  | 9,0 | 359 | 183 | 27 | 24 | 28:20.00 | 27:20.00 | 01:32.00 |  |  | 6,8 | 11,6 | 18,7 | 12:38.00 |  |  | 3 | 10,0 | 269 | 148 | 24 | 10,6 | 20:44.00 | 19:44.00 | 01:44.00 |  |  |
| 8 | 6,2 | 10,1 | 15,9 | 15:42.00 |  | 9 | 21 |  | 9,2 | 358 | 182 | 26 | 23,7 | 28:24.00 | 27:24.00 | 01:34.00 | 11 | 14 | 7,0 | 11,8 | 18,9 | 12:41.00 | 8 | 6 |  | 10,2 | 268 | 147 | 23 | 10,3 | 20:48.00 | 19:48.00 | 01:45.00 | 11 | 14 |
| 7 | 6,4 | 10,3 | 16,1 | 15:46.00 | 4 |  |  | 1 | 9,4 | 357 | 181 | 25 | 23,4 | 28:28.00 | 27:28.00 | 01:36.00 |  |  | 7,2 | 12,0 | 19,1 | 12:44.00 |  |  |  | 10,4 | 267 | 146 | 22 | 10 | 20:52.00 | 19:52.00 | 01:46.00 |  |  |
| 6 | 6,6 | 10,5 | 16,3 | 15:50.00 |  |  |  |  | 9,6 | 355 | 180 | 24 | 23 | 28:32.00 | 27:32.00 | 01:38.00 |  |  | 7,4 | 12,2 | 19,3 | 12:47.00 |  |  | 2 | 10,6 | 265 | 145 | 21 | 9,8 | 20:56.00 | 19:56.00 | 01:48.00 |  |  |
| 5 | 6,8 | 10,7 | 16,5 | 15:54.00 |  |  |  |  | 9,8 | 353 | 179 | 23 | 22,7 | 28:36.00 | 27:36.00 | 01:40.00 |  |  | 7,6 | 12,4 | 19,5 | 12:50.00 |  |  |  | 10,8 | 263 | 144 | 20 | 9,6 | 21:00.00 | 20:00.00 | 01:50.00 |  |  |
| 4 | 7,0 | 10,9 | 16,7 | 15:58.00 | 3 | 8 | 20 |  | 10,0 | 351 | 178 | 22 | 22,4 | 28:40.00 | 27:40.00 | 01:42.00 | 10 | 13 | 7,8 | 12,6 | 19,7 | 12:53.00 | 7 | 5 |  | 11,0 | 261 | 143 | 19 | 9,3 | 21:04.00 | 20:04.00 | 01:52.00 | 10 | 13 |
| 3 | 7,2 | 11,1 | 16,9 | 16:02.00 |  |  |  | 0 | 10,2 | 349 | 177 | 21 | 22 | 28:44.00 | 27:44.00 | 01:44.00 |  |  | 8,0 | 12,8 | 19,9 | 12:56.00 |  |  | 1 | 11,2 | 259 | 142 | 18 | 9 | 21:08.00 | 20:08.00 | 01:54.00 |  |  |
| 2 | 7,4 | 11,3 | 17,1 | 16:06.00 |  |  |  |  | 10,4 | 347 | 176 | 20 | 21,5 | 28:48.00 | 27:48.00 | 01:46.00 |  |  | 8,2 | 13,0 | 20,1 | 13:00.00 |  |  |  | 11,4 | 257 | 141 | 17 | 8,8 | 21:12.00 | 20:12.00 | 01:56.00 |  |  |
| 1 | 7,6 | 11,5 | 17,3 | 16:10.00 | 2 | 7 | 19 | -1 | 10,6 | 345 | 175 | 19 | 21 | 28:52.00 | 27:52.00 | 01:48.00 | 9 | 12 | 8,4 | 13,2 | 20,3 | 13:04.00 | 6 | 4 | 0 | 11,6 | 255 | 140 | 16 | 8,5 | 21:16.00 | 20:16.00 | 01:58.00 | 9 | 12 |

Всероссийский физкультурно-спортивный комплекс "Готов к труду и обороне" (ГТО) Таблица оценки выполнения испытаний в рамках фестивалей

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **VI СТУПЕНЬ (возрастная группа от 18 до 24 лет)** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Мужчины | | | | | | | | | | | | | | | | | | Женщины | | | | | | | | | | | | | | | | |
|  | №1 | | | №2 | №3 | | | №4 | №5 | №6 | | №7 | №8 | №9 | | №10 | №11 | | №1 | | | №2 | №3 | | №4 | №5 | №6 | | №7 | №8 | №9 | | №10 | №11 | |
| Очки | Бег на 30 м (с) | Бег на 60 м (с) | Бег на 100 м (с) | Бег на 3000 м  (мин, с) | Подтягив ание из виса на высокой переклад ине (количест во раз) | Рывок гири 16 кг (количест  во раз) | Cгибание и  разгибан ие рук в упоре лежа на полу  (количест во раз) | Наклон вперед из положен ия стоя на гимнасти ческой скамье (от  уровня скамьи - см) | Челночны й бег  3х10 м (с) | Прыжок в длину с разбега (см) | Прыжок в длину с места толчком двумя ногами (см) | Метание спортивн ого снаряда весом  700 г (м) | Поднима ние туловища из положен ия лежа на спине (количест во раз за 1 мин) | Бег на лыжах на 5000 м  (мин, с) | Кросс на 5000 м по пересече нной местност и (мин, с) | Плавание 50 м  (мин, с) | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки): из пневмати ческой  винтовки с открытым прицело м | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки):  из пневмати ческой винтовки с диоптрич еским прицело м, либо  «электро  нного оружия» | Бег на 30 м (с) | Бег на 60 м (с) | Бег на 100 м (с) | Бег на 2000 м  (мин, с) | Подтягив ание из виса лежа на низкой переклад ине 90 см (количест во раз) | Cгибание и  разгибан ие рук в упоре лежа на полу  (количест во раз) | Наклон вперед из положен ия стоя на гимнасти ческой скамье (от  уровня скамьи - см) | Челночны й бег  3х10 м (с) | Прыжок в длину с разбега (см) | Прыжок в длину с места толчком двумя ногами (см) | Поднима ние туловища из положен ия лежа на спине (количест во раз за 1 мин) | Метание спортивн ого снаряда весом  500 г (м) | Бег на лыжах на 3000 м  (мин, с) | Кросс на 3000 м по пересече нной местност и (мин, с) | Плавание 50 м  (мин, с) | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки): из пневмати ческой  винтовки с открытым прицело м | Стрельба из положен ия сидя  или стоя с опорой локтей о стол или стойку, дистанци я –10 м (очки):  из пневмати ческой винтовки с диоптрич еским прицело м, либо  «электро  нного оружия» |
| **100** | **3,8** | **6,5** | **10,4** | **07:40.00** | **52** | **132** | **145** | **30** | **5,5** | **580** | **370** | **75** | **90** | **10:45.00** | **14:20.00** | **00:23.00** | **50** | **50** | **4,2** | **7,3** | **11,2** | **06:45.00** | **110** | **110** | **35** | **5,8** | **485** | **275** | **85** | **60** | **08:25.00** | **10:40.00** | **00:26.00** | **50** | **50** |
| 99 |  |  |  | 07:45.00 |  | 131 | 144 |  |  | 579 | 369 | 74,7 |  | 10:55.00 | 14:25.00 | 00:23.10 |  |  |  |  |  | 06:47.00 | 109 | 109 |  |  | 484 | 274 |  | 59,7 | 08:35.00 | 10:45.00 | 00:26.10 |  |  |
| 98 |  |  |  | 07:50.00 |  | 130 | 143 |  |  | 578 | 368 | 74,4 |  | 11:05.00 | 14:30.00 | 00:23.20 |  |  |  |  |  | 06:49.00 | 108 | 108 |  |  | 482 | 273 |  | 59,4 | 08:45.00 | 10:50.00 | 00:26.20 |  |  |
| 97 |  |  |  | 07:55.00 | 51 | 129 | 142 |  |  | 577 | 367 | 74 | 89 | 11:16.00 | 14:35.00 | 00:23.40 | 49 |  |  |  | 11,3 | 06:52.00 | 107 | 107 |  |  | 480 | 272 | 84 | 59 | 08:55.00 | 10:55.00 | 00:26.40 | 49 |  |
| 96 |  |  | 10,5 | 08:00.00 |  | 128 | 141 |  |  | 575 | 365 | 73,7 |  | 11:27.00 | 14:41.00 | 00:23.60 |  | 49 |  |  |  | 06:55.00 | 106 | 106 |  |  | 478 | 271 |  | 58,7 | 09:06.00 | 11:00.00 | 00:26.70 |  | 49 |
| 95 |  | 6,6 |  | 08:05.00 |  | 127 | 140 | 29 | 5,6 | 573 | 363 | 73,4 | 88 | 11:39.00 | 14:47.00 | 00:23.80 |  |  |  | 7,4 | 11,4 | 06:58.00 | 105 | 105 | 34 | 5,9 | 476 | 270 | 83 | 58,4 | 09:17.00 | 11:05.00 | 00:27.00 |  |  |
| 94 |  |  |  | 08:10.00 | 50 | 126 | 139 |  |  | 571 | 361 | 73 |  | 11:51.00 | 14:54.00 | 00:24.00 | 48 |  | 4,3 |  | 11,5 | 07:02.00 | 104 | 104 |  |  | 474 | 269 |  | 58 | 09:28.00 | 11:11.00 | 00:27.40 | 48 |  |
| 93 |  |  |  | 08:15.00 |  | 125 | 138 |  |  | 569 | 359 | 72,7 | 87 | 12:04.00 | 15:01.00 | 00:24.30 |  | 48 |  |  | 11,6 | 07:06.00 | 103 | 103 |  |  | 472 | 268 | 82 | 57,5 | 09:39.00 | 11:17.00 | 00:27.80 |  | 48 |
| 92 |  |  | 10,6 | 08:20.00 |  | 124 | 137 |  |  | 567 | 357 | 72,4 |  | 12:18.00 | 15:08.00 | 00:24.60 | 47 |  |  |  | 11,7 | 07:10.00 | 102 | 102 |  |  | 470 | 267 |  | 57 | 09:50.00 | 11:24.00 | 00:28.20 | 47 |  |
| 91 |  |  |  | 08:25.00 | 49 | 123 | 136 |  |  | 565 | 355 | 72 | 86 | 12:32.00 | 15:16.00 | 00:25.00 |  |  |  |  | 11,8 | 07:15.00 | 101 | 101 |  | 6,0 | 467 | 266 | 81 | 56,5 | 10:02.00 | 11:32.00 | 00:28.60 |  |  |
| 90 |  | 6,7 |  | 08:30.00 |  | 122 | 135 | 28 | 5,7 | 562 | 353 | 71,5 | 85 | 12:46.00 | 15:24.00 | 00:25.40 | 46 | 47 |  | 7,5 | 11,9 | 07:20.00 | 100 | 100 | 33 |  | 464 | 265 | 80 | 56 | 10:14.00 | 11:41.00 | 00:29.00 | 46 | 47 |
| 89 |  |  | 10,7 | 08:35.00 | 48 | 121 | 134 |  |  | 559 | 351 | 71 | 84 | 13:00.00 | 15:33.00 | 00:25.80 |  |  |  |  | 12,0 | 07:25.00 | 98 | 98 |  |  | 461 | 264 | 79 | 55 | 10:26.00 | 11:50.00 | 00:29.50 |  |  |
| 88 | 3,9 |  |  | 08:40.00 |  | 120 | 133 |  |  | 556 | 348 | 70,5 | 83 | 13:15.00 | 15:42.00 | 00:26.20 | 45 |  | 4,4 |  | 12,1 | 07:30.00 | 96 | 96 |  |  | 458 | 263 | 78 | 54 | 10:38.00 | 12:00.00 | 00:30.00 | 45 |  |
| 87 |  |  |  | 08:45.00 | 47 | 118 | 132 |  |  | 553 | 345 | 70 | 82 | 13:30.00 | 15:51.00 | 00:26.60 |  | 46 |  |  | 12,2 | 07:35.00 | 94 | 94 |  | 6,1 | 455 | 262 | 77 | 53 | 10:50.00 | 12:10.00 | 00:30.50 |  | 46 |
| 86 |  | 6,8 | 10,8 | 08:50.00 | 46 | 116 | 131 | 27 | 5,8 | 550 | 342 | 69 | 81 | 13:45.00 | 16:00.00 | 00:27.00 | 44 |  |  | 7,6 | 12,3 | 07:40.00 | 92 | 92 | 32 |  | 451 | 260 | 76 | 52 | 11:02.00 | 12:20.00 | 00:31.00 | 44 |  |
| 85 |  |  |  | 08:55.00 | 45 | 114 | 129 |  |  | 547 | 339 | 68 | 80 | 14:00.00 | 16:10.00 | 00:27.50 |  | 45 |  |  | 12,4 | 07:45.00 | 90 | 90 |  |  | 447 | 258 | 75 | 51 | 11:15.00 | 12:30.00 | 00:31.50 |  | 45 |
| 84 |  |  |  | 09:00.00 | 44 | 112 | 127 |  |  | 544 | 336 | 67 | 79 | 14:15.00 | 16:20.00 | 00:28.00 | 43 |  |  |  | 12,5 | 07:50.00 | 88 | 88 |  |  | 443 | 256 | 74 | 50 | 11:28.00 | 12:40.00 | 00:32.00 | 43 |  |
| 83 |  |  | 10,9 | 09:06.00 | 43 | 110 | 125 |  |  | 541 | 333 | 66 | 78 | 14:30.00 | 16:30.00 | 00:28.50 |  | 44 | 4,5 |  | 12,6 | 07:56.00 | 86 | 86 |  | 6,2 | 439 | 254 | 73 | 49 | 11:41.00 | 12:50.00 | 00:32.50 |  | 44 |
| 82 |  | 6,9 |  | 09:12.00 | 42 | 108 | 123 | 26 | 5,9 | 537 | 330 | 65 | 77 | 14:46.00 | 16:41.00 | 00:29.00 | 42 |  |  | 7,7 | 12,7 | 08:02.00 | 84 | 84 | 31 |  | 435 | 252 | 72 | 48 | 11:54.00 | 13:00.00 | 00:33.00 | 42 |  |
| 81 |  |  |  | 09:18.00 | 41 | 106 | 121 |  |  | 533 | 327 | 64 | 76 | 15:02.00 | 16:52.00 | 00:29.50 |  | 43 |  |  | 12,8 | 08:08.00 | 82 | 82 |  |  | 431 | 250 | 71 | 47 | 12:08.00 | 13:10.00 | 00:34.00 |  | 43 |
| 80 |  |  | 11,0 | 09:24.00 | 40 | 104 | 118 |  |  | 529 | 324 | 63 | 75 | 15:19.00 | 17:03.00 | 00:30.00 | 41 |  |  |  | 12,9 | 08:14.00 | 80 | 80 |  | 6,3 | 427 | 248 | 70 | 46 | 12:22.00 | 13:21.00 | 00:35.00 | 41 |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 79 |  | 7,0 |  | 09:30.00 | 39 | 102 | 115 | 25 | 6,0 | 525 | 321 | 62 | 74 | 15:36.00 | 17:14.00 | 00:30.50 |  | 42 |  | 7,8 | 13,0 | 08:20.00 | 78 | 78 | 30 |  | 423 | 246 | 69 | 45 | 12:37.00 | 13:32.00 | 00:36.00 |  | 42 |
| 78 | 4,0 |  | 11,1 | 09:36.00 | 38 | 100 | 112 |  |  | 521 | 318 | 61 | 73 | 15:54.00 | 17:26.00 | 00:31.00 | 40 |  | 4,6 |  | 13,1 | 08:26.00 | 75 | 75 |  |  | 419 | 244 | 68 | 44 | 12:52.00 | 13:43.00 | 00:37.00 | 40 |  |
| 77 |  |  |  | 09:42.00 | 37 | 98 | 109 |  |  | 517 | 315 | 60 | 72 | 16:12.00 | 17:38.00 | 00:31.50 |  | 41 |  |  | 13,2 | 08:32.00 | 72 | 72 |  | 6,4 | 415 | 242 | 67 | 43 | 13:07.00 | 13:54.00 | 00:38.00 |  | 41 |
| 76 |  | 7,1 | 11,2 | 09:48.00 | 36 | 95 | 106 | 24 | 6,1 | 513 | 312 | 59 | 71 | 16:31.00 | 17:50.00 | 00:32.00 | 39 |  |  | 7,9 | 13,3 | 08:39.00 | 69 | 69 | 29 |  | 410 | 240 | 66 | 42 | 13:22.00 | 14:05.00 | 00:39.00 | 39 |  |
| 75 |  |  |  | 09:54.00 | 35 | 92 | 103 |  |  | 509 | 309 | 58 | 70 | 16:50.00 | 18:03.00 | 00:33.00 |  | 40 |  |  | 13,4 | 08:46.00 | 66 | 66 |  |  | 405 | 238 | 65 | 41 | 13:38.00 | 14:16.00 | 00:40.00 |  | 40 |
| 74 |  | 7,2 | 11,3 | 10:00.00 | 34 | 89 | 100 |  |  | 505 | 305 | 57 | 69 | 17:10.00 | 18:16.00 | 00:34.00 | 38 |  |  | 8,0 | 13,5 | 08:53.00 | 63 | 63 |  | 6,5 | 400 | 236 | 64 | 40 | 13:54.00 | 14:28.00 | 00:41.00 | 38 |  |
| 73 |  |  | 11,4 | 10:06.00 | 33 | 86 | 97 | 23 | 6,2 | 501 | 301 | 56 | 68 | 17:30.00 | 18:30.00 | 00:35.00 |  | 39 | 4,7 |  | 13,6 | 09:00.00 | 60 | 60 | 28 |  | 395 | 234 | 63 | 39 | 14:10.00 | 14:40.00 | 00:42.00 |  | 39 |
| 72 |  | 7,3 | 11,5 | 10:13.00 | 32 | 83 | 94 |  |  | 497 | 297 | 55 | 67 | 17:50.00 | 18:44.00 | 00:36.00 | 37 |  |  | 8,1 | 13,7 | 09:07.00 | 57 | 57 |  | 6,6 | 390 | 232 | 62 | 38 | 14:26.00 | 14:52.00 | 00:43.00 | 37 |  |
| 71 |  |  | 11,6 | 10:20.00 | 31 | 80 | 91 |  |  | 493 | 293 | 54 | 66 | 18:10.00 | 18:58.00 | 00:37.00 | 36 | 38 |  |  | 13,8 | 09:14.00 | 54 | 54 |  |  | 385 | 230 | 61 | 37 | 14:43.00 | 15:04.00 | 00:44.00 | 36 | 38 |
| 70 | 4,1 | 7,4 | 11,7 | 10:28.00 | 30 | 77 | 88 | 22 | 6,3 | 489 | 289 | 53 | 65 | 18:30.00 | 19:13.00 | 00:38.00 | 35 |  |  | 8,2 | 14,0 | 09:21.00 | 51 | 51 | 27 | 6,7 | 380 | 228 | 60 | 36 | 15:00.00 | 15:16.00 | 00:45.00 | 35 |  |
| 69 |  |  | 11,8 | 10:36.00 | 29 | 74 | 84 |  |  | 485 | 285 | 52 | 64 | 18:50.00 | 19:28.00 | 00:39.00 | 34 | 37 | 4,8 | 8,3 | 14,2 | 09:29.00 | 48 | 48 |  | 6,8 | 375 | 225 | 59 | 35 | 15:17.00 | 15:28.00 | 00:46.00 | 34 | 37 |
| 68 |  | 7,5 | 11,9 | 10:44.00 | 28 | 71 | 80 | 21 | 6,4 | 480 | 280 | 51 | 63 | 19:10.00 | 19:43.00 | 00:40.00 | 33 |  |  | 8,4 | 14,4 | 09:37.00 | 45 | 45 | 26 | 6,9 | 370 | 222 | 58 | 34 | 15:35.00 | 15:40.00 | 00:47.00 | 33 |  |
| 67 |  |  | 12,0 | 10:53.00 | 27 | 68 | 76 |  |  | 475 | 275 | 50 | 62 | 19:31.00 | 19:59.00 | 00:41.00 | 32 | 36 |  | 8,5 | 14,6 | 09:45.00 | 42 | 42 |  | 7,0 | 364 | 219 | 57 | 33 | 15:53.00 | 15:53.00 | 00:48.00 | 32 | 36 |
| 66 |  | 7,6 | 12,1 | 11:02.00 | 26 | 65 | 72 | 20 | 6,5 | 470 | 270 | 49 | 60 | 19:52.00 | 20:15.00 | 00:42.00 | 31 |  |  | 8,6 | 14,8 | 09:53.00 | 39 | 39 | 25 | 7,1 | 358 | 216 | 55 | 32 | 16:12.00 | 16:06.00 | 00:49.00 | 31 |  |
| 65 |  |  | 12,2 | 11:11.00 | 25 | 62 | 68 | 19 | 6,6 | 465 | 265 | 47 | 58 | 20:13.00 | 20:32.00 | 00:43.00 | 30 | 35 | 4,9 | 8,7 | 15,0 | 10:02.00 | 36 | 36 | 24 | 7,2 | 352 | 213 | 53 | 31 | 16:31.00 | 16:20.00 | 00:50.00 | 30 | 35 |
| 64 | 4,2 | 7,7 | 12,3 | 11:20.00 | 23 | 59 | 64 | 18 | 6,7 | 460 | 260 | 45 | 56 | 20:34.00 | 20:49.00 | 00:44.00 | 29 | 35 |  | 8,8 | 15,2 | 10:11.00 | 33 | 33 | 23 | 7,4 | 346 | 210 | 51 | 29 | 16:50.00 | 16:34.00 | 00:52.00 | 29 | 35 |
| 63 |  |  | 12,5 | 11:30.00 | 21 | 55 | 59 | 17 | 6,8 | 455 | 255 | 43 | 54 | 20:55.00 | 21:06.00 | 00:45.00 | 28 | 33 |  | 9,0 | 15,4 | 10:20.00 | 30 | 29 | 22 | 7,6 | 340 | 207 | 49 | 27 | 17:10.00 | 16:48.00 | 00:54.00 | 28 | 33 |
| 62 |  | 7,8 | 12,7 | 11:40.00 | 19 | 51 | 54 | 16 | 6,9 | 450 | 250 | 41 | 52 | 21:16.00 | 21:24.00 | 00:46.00 | 27 | 32 | 5,0 | 9,2 | 15,7 | 10:30.00 | 26 | 25 | 20 | 7,8 | 334 | 203 | 47 | 25 | 17:30.00 | 17:02.00 | 00:56.00 | 27 | 32 |
| 61 |  |  | 12,9 | 11:50.00 | 17 | 47 | 49 | 15 | 7,0 | 445 | 245 | 39 | 50 | 21:38.00 | 21:42.00 | 00:48.00 | 26 | 31 |  | 9,4 | 16,0 | 10:40.00 | 22 | 21 | 18 | 8,0 | 327 | 199 | 45 | 23 | 17:50.00 | 17:16.00 | 00:58.00 | 26 | 31 |
| **60** | **4,3** | **7,9** | **13,1** | **12:00.00** | **15** | **43** | **44** | **13** | **7,1** | **430** | **240** | **37** | **48** | **22:00.00** | **22:00.00** | **00:50.00** | **25** | **30** | **5,1** | **9,6** | **16,4** | **10:50.00** | **18** | **17** | **16** | **8,2** | **320** | **195** | **43** | **21** | **18:10.00** | **17:30.00** | **01:00.00** | **25** | **30** |
| 59 |  |  |  | 12:04.00 |  |  |  |  |  | 429 |  | 36,9 |  | 22:08.00 | 22:07.00 | 00:50.20 |  |  |  |  |  | 10:54.00 |  |  |  |  | 319 |  |  | 20,9 | 18:13.00 | 17:31.00 | 01:00.50 |  |  |
| 58 |  |  |  | 12:08.00 |  | 42 | 43 |  |  | 428 | 239 | 36,8 | 47 | 22:16.00 | 22:14.00 | 00:50.40 |  |  |  |  |  | 10:58.00 |  |  |  |  | 318 | 194 |  | 20,8 | 18:16.00 | 17:32.00 | 01:01.00 |  |  |
| 57 |  |  | 13,2 | 12:12.00 |  |  |  |  |  | 426 |  | 36,7 |  | 22:25.00 | 22:22.00 | 00:50.70 |  |  |  | 9,7 | 16,5 | 11:02.00 |  |  |  |  | 317 |  | 42 | 20,6 | 18:19.00 | 17:34.00 | 01:01.50 |  |  |
| 56 |  | 8,0 |  | 12:16.00 |  | 41 | 42 |  | 7,2 | 424 | 238 | 36,6 | 46 | 22:34.00 | 22:30.00 | 00:51.00 |  |  | 5,2 |  |  | 11:06.00 | 17 |  |  | 8,3 | 316 | 193 |  | 20,4 | 18:22.00 | 17:36.00 | 01:02.00 |  |  |
| 55 |  |  | 13,3 | 12:20.00 |  |  |  | 12 |  | 422 |  | 36,5 |  | 22:43.00 | 22:38.00 | 00:51.50 | 24 | 29 |  |  | 16,6 | 11:10.00 |  | 16 | 15 |  | 315 |  |  | 20,2 | 18:25.00 | 17:38.00 | 01:02.50 | 24 | 29 |
| 54 |  |  |  | 12:25.00 |  | 40 | 41 |  |  | 420 | 237 | 36,4 | 45 | 22:53.00 | 22:46.00 | 00:52.00 |  |  |  | 9,8 |  | 11:15.00 |  |  |  |  | 314 | 192 | 41 | 20 | 18:29.00 | 17:40.00 | 01:03.00 |  |  |
| 53 | 4,4 | 8,1 | 13,4 | 12:30.00 | 14 |  |  |  |  | 418 |  | 36,3 |  | 23:03.00 | 22:55.00 | 00:52.50 |  |  |  |  | 16,7 | 11:20.00 |  |  |  |  | 313 |  |  | 19,8 | 18:33.00 | 17:42.00 | 01:03.50 |  |  |
| 52 |  |  |  | 12:35.00 |  | 39 | 40 |  | 7,3 | 416 | 236 | 36,2 | 44 | 23:13.00 | 23:04.00 | 00:53.00 |  |  | 5,3 | 9,9 |  | 11:25.00 | 16 |  |  | 8,4 | 312 | 191 |  | 19,6 | 18:37.00 | 17:45.00 | 01:04.00 |  |  |
| 51 |  |  | 13,5 | 12:40.00 |  | 38 |  |  |  | 414 |  | 36,1 |  | 23:23.00 | 23:13.00 | 00:53.50 |  |  |  |  | 16,8 | 11:30.00 |  |  |  |  | 311 |  | 40 | 19,4 | 18:41.00 | 17:48.00 | 01:04.50 |  |  |
| 50 |  | 8,2 |  | 12:45.00 |  | 37 | 39 | 11 |  | 412 | 235 |  | 43 | 23:33.00 | 23:22.00 | 00:54.00 | 23 | 28 |  | 10,0 |  | 11:35.00 |  | 15 | 14 |  | 310 | 190 |  | 19,2 | 18:45.00 | 17:51.00 | 01:05.00 | 23 | 28 |
| 49 |  |  | 13,6 | 12:50.00 |  | 36 |  |  |  | 410 | 234 | 36 |  | 23:44.00 | 23:31.00 | 00:54.50 |  |  |  |  | 16,9 | 11:40.00 |  |  |  |  | 309 | 189 |  | 19 | 18:50.00 | 17:54.00 | 01:05.50 |  |  |
| 48 |  |  |  | 12:55.00 |  | 35 | 38 |  | 7,4 | 407 | 233 | 35,9 | 42 | 23:55.00 | 23:40.00 | 00:55.00 |  |  | 5,4 | 10,1 |  | 11:45.00 | 15 |  |  | 8,5 | 308 | 188 | 39 | 18,8 | 18:55.00 | 17:57.00 | 01:06.00 |  |  |
| 47 |  | 8,3 | 13,7 | 13:00.00 |  | 34 |  |  |  | 404 | 232 | 35,8 |  | 24:06.00 | 23:50.00 | 00:55.50 |  |  |  |  | 17,0 | 11:50.00 |  |  |  |  | 306 | 187 |  | 18,6 | 19:00.00 | 18:00.00 | 01:06.50 |  |  |
| 46 | 4,5 |  |  | 13:05.00 | 13 | 33 | 37 | 10 |  | 401 | 231 | 35,7 | 41 | 24:18.00 | 24:00.00 | 00:56.00 | 22 | 27 |  | 10,2 |  | 11:55.00 |  | 14 | 13 |  | 304 | 186 | 38 | 18,4 | 19:05.00 | 18:04.00 | 01:07.00 | 22 | 27 |
| 45 |  |  | 13,8 | 13:10.00 |  | 32 |  |  | 7,5 | 398 | 230 | 35,6 |  | 24:30.00 | 24:10.00 | 00:56.50 |  |  | 5,5 |  | 17,1 | 12:00.00 | 14 |  |  | 8,6 | 302 | 185 |  | 18,2 | 19:10.00 | 18:08.00 | 01:08.00 |  |  |
| 44 |  | 8,4 |  | 13:16.00 |  | 31 | 36 |  |  | 395 | 229 | 35,5 | 40 | 24:42.00 | 24:20.00 | 00:57.00 |  |  |  | 10,3 |  | 12:06.00 |  |  |  |  | 300 | 184 | 37 | 18 | 19:16.00 | 18:12.00 | 01:09.00 |  |  |
| 43 |  |  | 13,9 | 13:22.00 |  | 30 | 35 | 9 |  | 392 | 228 | 35,4 |  | 24:54.00 | 24:30.00 | 00:57.50 | 21 | 26 |  |  | 17,2 | 12:12.00 |  | 13 | 12 |  | 298 | 183 |  | 17,8 | 19:22.00 | 18:16.00 | 01:10.00 | 21 | 26 |
| 42 |  | 8,5 |  | 13:28.00 |  | 29 | 34 |  | 7,6 | 388 | 227 | 35,3 | 39 | 25:06.00 | 24:40.00 | 00:58.00 |  |  | 5,6 | 10,4 |  | 12:18.00 | 13 |  |  | 8,7 | 296 | 182 | 36 | 17,6 | 19:28.00 | 18:20.00 | 01:11.00 |  |  |
| 41 |  |  | 14,0 | 13:34.00 |  | 27 | 33 |  |  | 384 | 226 | 35,2 | 38 | 25:18.00 | 24:50.00 | 00:59.00 |  |  |  |  | 17,3 | 12:24.00 |  |  |  |  | 293 | 181 |  | 17,3 | 19:34.00 | 18:25.00 | 01:13.00 |  |  |
| **40** | **4,6** | **8,6** | **14,1** | **13:40.00** | **12** | **25** | **32** | **8** | **7,7** | **380** | **225** | **35** | **37** | **25:30.00** | **25:00.00** | **01:00.00** | **20** | **25** | **5,7** | **10,5** | **17,4** | **12:30.00** | **12** | **12** | **11** | **8,8** | **290** | **180** | **35** | **17** | **19:40.00** | **18:30.00** | **01:15.00** | **20** | **25** |
| 39 |  |  |  | 13:42.00 |  |  |  |  |  |  |  | 34,9 |  | 25:34.00 | 25:03.00 | 01:00.50 |  |  |  |  |  | 12:32.00 |  |  |  |  | 289 |  |  | 16,9 | 19:43.00 | 18:32.00 | 01:15.50 |  |  |
| 38 |  |  |  | 13:44.00 |  |  |  |  |  | 379 | 224 | 34,8 |  | 25:38.00 | 25:06.00 | 01:01.00 |  |  |  |  |  | 12:34.00 |  |  |  |  | 288 | 179 |  | 16,8 | 19:46.00 | 18:34.00 | 01:16.00 |  |  |
| 37 |  |  |  | 13:46.00 |  |  |  |  |  |  | 223 | 34,7 |  | 25:42.00 | 25:09.00 | 01:01.50 |  | 24 |  |  |  | 12:36.00 |  |  |  |  | 287 |  |  | 16,6 | 19:50.00 | 18:36.00 | 01:16.50 |  | 24 |
| 36 |  | 8,7 |  | 13:49.00 |  | 24 | 31 |  |  | 378 | 222 | 34,6 | 36 | 25:46.00 | 25:12.00 | 01:02.00 | 19 |  |  | 10,6 | 17,5 | 12:38.00 |  |  |  |  | 286 | 178 |  | 16,4 | 19:54.00 | 18:38.00 | 01:17.00 | 19 |  |
| 35 |  |  |  | 13:52.00 |  |  |  |  |  |  | 221 | 34,5 |  | 25:50.00 | 25:15.00 | 01:02.50 |  | 23 |  |  |  | 12:40.00 |  |  |  |  | 285 |  |  | 16,2 | 19:58.00 | 18:40.00 | 01:17.50 |  | 23 |
| 34 |  |  | 14,2 | 13:55.00 |  |  |  |  | 7,8 | 377 | 220 | 34,4 |  | 25:55.00 | 25:18.00 | 01:03.00 |  |  |  |  |  | 12:42.00 |  |  | 10 |  | 284 | 177 | 34 | 16 | 20:02.00 | 18:42.00 | 01:18.00 |  |  |
| 33 |  |  |  | 13:58.00 |  |  |  |  |  |  | 219 | 34,2 |  | 26:00.00 | 25:22.00 | 01:03.50 | 18 | 22 |  |  |  | 12:44.00 |  |  |  |  | 283 |  |  | 15,8 | 20:06.00 | 18:45.00 | 01:18.50 | 18 | 22 |
| 32 | 4,7 | 8,8 |  | 14:01.00 | 11 | 23 | 30 | 7 |  | 376 | 218 | 34 | 35 | 26:05.00 | 25:26.00 | 01:04.00 |  |  | 5,8 | 10,7 | 17,6 | 12:47.00 | 11 | 11 |  | 8,9 | 282 | 176 |  | 15,6 | 20:10.00 | 18:48.00 | 01:19.00 |  |  |
| 31 |  |  |  | 14:05.00 |  |  |  |  |  |  | 217 | 33,9 |  | 26:10.00 | 25:30.00 | 01:04.50 |  | 21 |  |  |  | 12:50.00 |  |  |  |  | 281 |  |  | 15,4 | 20:15.00 | 18:51.00 | 01:19.50 |  | 21 |
| 30 |  |  |  | 14:09.00 |  |  |  |  |  | 375 | 216 | 33,8 |  | 26:16.00 | 25:35.00 | 01:05.00 | 17 |  |  |  |  | 12:53.00 |  |  |  |  | 280 | 175 |  | 15,2 | 20:21.00 | 18:55.00 | 01:20.00 | 17 |  |
| 29 |  |  | 14,3 | 14:13.00 |  |  |  |  | 7,9 | 374 | 215 | 33,7 |  | 26:24.00 | 25:40.00 | 01:06.00 |  | 20 |  |  |  | 12:56.00 |  |  | 9 |  | 278 | 174 | 33 | 15 | 20:28.00 | 18:59.00 | 01:21.00 |  | 20 |
| 28 |  | 8,9 |  | 14:17.00 |  | 22 | 29 |  |  | 373 | 214 | 33,6 | 34 | 26:32.00 | 25:45.00 | 01:07.00 |  |  |  | 10,8 | 17,7 | 12:59.00 |  |  |  |  | 276 | 173 |  | 14,8 | 20:36.00 | 19:03.00 | 01:22.00 |  |  |
| 27 |  |  |  | 14:21.00 |  |  |  |  |  | 372 | 213 | 33,4 |  | 26:40.00 | 25:50.00 | 01:08.00 | 16 | 19 |  |  |  | 13:02.00 |  |  |  |  | 274 | 172 |  | 14,6 | 20:44.00 | 19:07.00 | 01:23.00 | 16 | 19 |
| 26 |  |  |  | 14:25.00 |  |  |  |  |  | 371 | 212 | 33,2 |  | 26:50.00 | 25:55.00 | 01:09.00 |  |  |  |  |  | 13:06.00 |  |  |  |  | 272 | 171 |  | 14,3 | 20:52.00 | 19:11.00 | 01:24.00 |  |  |
| **25** | **4,8** | **9,0** | **14,4** | **14:30.00** | **10** | **21** | **28** | **6** | **8,0** | **370** | **210** | **33** | **33** | **27:00.00** | **26:00.00** | **01:10.00** | **15** | **18** | **5,9** | **10,9** | **17,8** | **13:10.00** | **10** | **10** | **8** | **9,0** | **270** | **170** | **32** | **14** | **21:00.00** | **19:15.00** | **01:25.00** | **15** | **18** |
| 24 |  |  |  | 14:32.00 |  |  |  |  |  | 369 |  | 32,9 |  | 27:02.00 | 26:02.00 | 01:11.00 |  |  |  |  |  | 13:12.00 |  |  |  |  | 269 |  |  | 13,9 | 21:02.00 | 19:17.00 | 01:26.00 |  |  |
| 23 | 4,9 | 9,1 | 14,5 | 14:34.00 |  |  |  |  | 8,1 | 368 | 209 | 32,8 | 32 | 27:04.00 | 26:04.00 | 01:12.00 |  |  | 6,0 | 11 | 17,9 | 13:14.00 |  |  |  | 9,1 | 268 | 169 | 31 | 13,8 | 21:04.00 | 19:19.00 | 01:27.00 |  |  |
| 22 |  |  |  | 14:36.00 |  |  |  |  |  | 367 |  | 32,6 |  | 27:06.00 | 26:06.00 | 01:13.00 |  |  |  |  |  | 13:16.00 |  |  |  |  | 267 |  |  | 13,7 | 21:06.00 | 19:21.00 | 01:28.00 |  |  |
| 21 | 5,0 | 9,2 | 14,6 | 14:38.00 | 9 |  |  |  | 8,2 | 366 | 208 | 32,4 | 31 | 27:08.00 | 26:08.00 | 01:14.00 |  |  | 6,1 | 11,1 | 18,0 | 13:18.00 |  |  | 7 | 9,2 | 266 | 168 | 30 | 13,6 | 21:08.00 | 19:23.00 | 01:29.00 |  |  |
| 20 |  |  |  | 14:40.00 |  | 20 | 27 |  |  | 365 |  | 32,2 |  | 27:10.00 | 26:10.00 | 01:15.00 | 14 | 17 |  |  |  | 13:20.00 | 9 | 9 |  |  | 265 |  |  | 13,4 | 21:10.00 | 19:25.00 | 01:30.00 | 14 | 17 |
| 19 | 5,1 | 9,3 | 14,7 | 14:42.00 |  |  |  | 4 | 8,3 | 364 | 207 | 32 | 30 | 27:13.00 | 26:13.00 | 01:16.00 |  |  | 6,2 | 11,2 | 18,1 | 13:22.00 |  |  |  | 9,3 | 264 | 167 | 29 | 13,2 | 21:13.00 | 19:27.00 | 01:31.00 |  |  |
| 18 |  |  |  | 14:44.00 |  |  |  |  |  | 363 |  | 31,9 |  | 27:16.00 | 26:16.00 | 01:17.00 |  |  |  |  |  | 13:24.00 |  |  |  |  | 263 |  |  | 13 | 21:16.00 | 19:30.00 | 01:32.00 |  |  |
| 17 | 5,2 | 9,4 | 14,8 | 14:46.00 | 8 |  |  |  | 8,4 | 362 | 206 | 31,8 | 29 | 27:19.00 | 26:19.00 | 01:18.00 |  |  | 6,3 | 11,3 | 18,2 | 13:26.00 |  |  | 6 | 9,4 | 262 | 166 | 28 | 12,9 | 21:19.00 | 19:33.00 | 01:33.00 |  |  |
| 16 |  |  |  | 14:48.00 |  | 19 | 26 |  |  | 361 | 205 | 31,6 |  | 27:22.00 | 26:22.00 | 01:19.00 | 13 | 16 |  |  |  | 13:28.00 | 8 | 8 |  |  | 261 | 165 |  | 12,8 | 21:22.00 | 19:36.00 | 01:34.00 | 13 | 16 |
| 15 | 5,3 | 9,5 | 14,9 | 14:50.00 |  |  |  | 3 | 8,5 | 360 | 204 | 31,4 | 28 | 27:25.00 | 26:25.00 | 01:20.00 |  |  | 6,4 | 11,4 | 18,3 | 13:30.00 |  |  |  | 9,5 | 260 | 164 | 27 | 12,7 | 21:25.00 | 19:39.00 | 01:35.00 |  |  |
| 14 | 5,4 | 9,6 | 15,0 | 14:53.00 |  |  |  |  | 8,6 | 359 | 203 | 31,2 |  | 27:28.00 | 26:28.00 | 01:21.00 |  |  | 6,5 | 11,5 | 18,4 | 13:33.00 |  |  |  | 9,6 | 259 | 163 |  | 12,6 | 21:28.00 | 19:42.00 | 01:36.00 |  |  |
| 13 | 5,5 | 9,7 | 15,1 | 14:56.00 | 7 |  |  |  | 8,7 | 358 | 202 | 31 | 27 | 27:31.00 | 26:31.00 | 01:22.00 |  |  | 6,6 | 11,6 | 18,5 | 13:36.00 |  |  | 5 | 9,7 | 258 | 162 | 26 | 12,5 | 21:31.00 | 19:45.00 | 01:37.00 |  |  |
| 12 | 5,6 | 9,8 | 15,2 | 14:59.00 |  | 18 | 25 |  | 8,8 | 357 | 201 | 30,8 |  | 27:34.00 | 26:34.00 | 01:23.00 | 12 | 15 | 6,7 | 11,7 | 18,6 | 13:39.00 | 7 | 7 |  | 9,8 | 257 | 161 |  | 12,4 | 21:34.00 | 19:48.00 | 01:38.00 | 12 | 15 |
| 11 | 5,7 | 9,9 | 15,3 | 15:02.00 |  |  |  | 2 | 8,9 | 356 | 200 | 30,6 | 26 | 27:37.00 | 26:37.00 | 01:24.00 |  |  | 6,8 | 11,8 | 18,7 | 13:42.00 |  |  |  | 9,9 | 256 | 160 | 25 | 12,2 | 21:37.00 | 19:51.00 | 01:39.00 |  |  |
| 10 | 5,8 | 10,0 | 15,4 | 15:05.00 | 6 |  |  |  | 9,0 | 355 | 199 | 30,3 | 25 | 27:40.00 | 26:40.00 | 01:25.00 |  |  | 6,9 | 11,9 | 18,8 | 13:45.00 |  |  |  | 10,0 | 255 | 159 | 24 | 11,8 | 21:40.00 | 19:54.00 | 01:40.00 |  |  |
| 9 | 5,9 | 10,1 | 15,5 | 15:08.00 |  |  |  |  | 9,1 | 354 | 198 | 30 | 24 | 27:44.00 | 26:44.00 | 01:26.00 |  |  | 7,0 | 12,0 | 18,9 | 13:48.00 |  |  | 4 | 10,1 | 254 | 158 | 23 | 11,6 | 21:44.00 | 19:57.00 | 01:42.00 |  |  |
| 8 | 6,1 | 10,3 | 15,7 | 15:11.00 |  | 17 | 24 |  | 9,3 | 353 | 197 | 29,7 | 23 | 27:48.00 | 26:48.00 | 01:27.00 | 11 | 14 | 7,2 | 12,2 | 19,1 | 13:51.00 | 6 | 6 |  | 10,3 | 253 | 157 | 22 | 11,3 | 21:48.00 | 20:00.00 | 01:44.00 | 11 | 14 |
| 7 | 6,3 | 10,5 | 15,9 | 15:14.00 | 5 |  |  | 1 | 9,5 | 352 | 196 | 29,4 | 22 | 27:52.00 | 26:52.00 | 01:28.00 |  |  | 7,4 | 12,4 | 19,3 | 13:54.00 |  |  |  | 10,5 | 252 | 156 | 21 | 11 | 21:52.00 | 20:04.00 | 01:46.00 |  |  |
| 6 | 6,5 | 10,7 | 16,1 | 15:17.00 |  |  |  |  | 9,7 | 350 | 195 | 29 | 21 | 27:56.00 | 26:56.00 | 01:29.00 |  |  | 7,6 | 12,6 | 19,5 | 13:57.00 |  |  | 3 | 10,7 | 250 | 155 | 20 | 10,8 | 21:56.00 | 20:08.00 | 01:48.00 |  |  |
| 5 | 6,7 | 10,9 | 16,3 | 15:20.00 |  |  |  |  | 9,9 | 348 | 194 | 28,7 | 20 | 28:00.00 | 27:00.00 | 01:30.00 |  |  | 7,8 | 12,8 | 19,7 | 14:00.00 |  |  |  | 10,9 | 248 | 154 | 19 | 10,6 | 22:00.00 | 20:12.00 | 01:50.00 |  |  |
| 4 | 6,9 | 11,1 | 16,5 | 15:23.00 | 4 | 16 | 23 |  | 10,1 | 346 | 193 | 28,4 | 19 | 28:04.00 | 27:04.00 | 01:32.00 | 10 | 13 | 8,0 | 13,0 | 19,9 | 14:03.00 | 5 | 5 |  | 11,1 | 246 | 153 | 18 | 10,3 | 22:04.00 | 20:16.00 | 01:52.00 | 10 | 13 |
| 3 | 7,1 | 11,3 | 16,7 | 15:26.00 |  |  |  | 0 | 10,3 | 344 | 192 | 28 | 18 | 28:08.00 | 27:08.00 | 01:34.00 |  |  | 8,2 | 13,2 | 20,1 | 14:06.00 |  |  | 2 | 11,3 | 244 | 152 | 17 | 10 | 22:08.00 | 20:20.00 | 01:54.00 |  |  |
| 2 | 7,3 | 11,5 | 16,9 | 15:29.00 |  |  |  |  | 10,5 | 342 | 191 | 27,5 | 17 | 28:12.00 | 27:12.00 | 01:36.00 |  |  | 8,4 | 13,4 | 20,3 | 14:09.00 |  |  |  | 11,5 | 242 | 151 | 16 | 9,8 | 22:12.00 | 20:24.00 | 01:56.00 |  |  |
| 1 | 7,5 | 11,7 | 17,1 | 15:32.00 | 3 | 15 | 22 | -1 | 10,7 | 340 | 190 | 27 | 16 | 28:16.00 | 27:16.00 | 01:38.00 | 9 | 12 | 8,6 | 13,6 | 20,5 | 14:12.00 | 4 | 4 | 1 | 11,7 | 240 | 150 | 15 | 9,5 | 22:16.00 | 20:28.00 | 01:58.00 | 9 | 12 |